

MARCH 27 - 30

2024

NATIONAL FESTIVAL

Empowering youth through
improvisational theatre

National Arts Centre

Ottawa, Ontario

Join the CIG as we celebrate the
culmination of our 47th season at the
National Arts Centre in Ottawa.



**Canadian
Improv Games**



519-503-1347



improv.ca/nationals



operations@improv.ca



Canadian
Improv Games

NATIONAL FESTIVAL

MARCH 27TH-MARCH 30TH, 2024

Welcome to the National Festival

The Canadian Improv Games National Festival is an immersive educational experience that fosters creativity and community. Through improvisational theatre, students develop valuable life skills, forge lasting connections, and grow in a supportive, inclusive community. The Festival offers four days of specialized workshops and learning opportunities from experienced improvisers and instructors from across Canada, as well as four nights of performances from the best improv teams in the country!



The Canadian Improv Games also offers a Teachers Conference that runs in conjunction with the National Festival & Tournament. The Conference is open to all teachers across Canada whether they bring a student team to participate in the National Festival & Tournament or not!

improv.ca/nationals



The National Arts Centre

Located in the heart of Ottawa, the National Arts Centre (NAC) is the cultural centre of the city, situated near landmarks such as Parliament Hill and the Rideau Canal. Built in 1969, the NAC boasts a professional and beautiful collection of performing arts spaces, including the renowned Babs Asper Theatre, where the CIG National Tournament has found its home since 1990.

The NAC produces, creates, and presents a diverse array of performing arts, from classical symphonies to new theatrical productions. The Babs Asper Theatre is 897 seat venue within the NAC, fostering an immersive atmosphere that amplifies the energy of improvisational performances during the CIG Nationals.





Your National Festival

What your team gets at the National Festival



Workshops

Four days of improv workshops with our experienced National Trainers, including both fundamentals and advanced training



Performances

Four nighttime shows in the beautiful National Arts Centre, with three semi-finals and a spectacular final performance of the top 5 teams.



Hotel

A hotel stay in Les Suites Ottawa with teams from across the country, with access to personal kitchen suites.



Morning Activities (AKA: Toast and Jam)

Daily morning warm ups, hosted by our experienced trainers, offering opportunities to warm up and socialize



Alumni showcase

On Tuesday March 26th, we will host an Alumni performance, where our volunteers and alum will showcase CIG events.



Teachers Conference

2024 will host our second ever teachers conference. These workshops will be written and delivered with professional development in mind.



Exploring Ottawa

Les Suites hotel is just steps away from the Rideau Canal, Parliament Hill, ByWard Market, The National Gallery of Canada, and The Canadian Museum of History!



Improv demos

Demonstrations on longform and shortform improv from our experienced alumni and performers.



Awesome dance parties

What's a National Festival without a wrap party?



AND SO MUCH MORE!



Nationals Performance Schedule

2023/2024

WEDNESDAY MARCH 27

Ottawa Team 2
Tri-City Team
Online Wildcard Team

Vancouver Island Team
Alberta Team



THURSDAY MARCH 28

Lower Mainland Team
Distance Tournament Team
Toronto Team

Ottawa Team 1
Manitoba Team



FRIDAY MARCH 29

Newfoundland Team
Quebec Team
Nova Scotia Team

Kingston Team
Saskatchewan Team



SATURDAY MARCH 30

Top 5 Teams from Semi-finals
compete for National Gold!



Sample Itinerary



	26/03 TUESDAY	27/03 WEDNESDAY	28/03 THURSDAY	29/03 FRIDAY	30/03 SATURDAY	9/10 SUNDAY
8:00 AM						
8:30 AM		Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Check Out
9:00 AM						
9:30 AM						
10:00 AM	Check in	Workshops	Workshops	Workshops	Workshops	
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM				Group Photo		
12:30 PM						
1:00 PM		Workshops	Workshops	Workshops	Workshops	
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM			Short-form Demo	Long-form Demo		
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM	Alumni Showcase and Fundraiser	Semifinals Night 1	Semifinals Night 2	Semifinals Night 3	Finals Night	
8:00 PM						
8:30 PM						
9:00 PM						
9:30 PM						
10:00 PM					Wrap Party!	
10:30 PM						
11:00 PM						
11:30 PM						
12:00 AM						

Event Descriptions



SAMPLE WORKSHOPS

COMMIT TO THIS MOMENT

In this workshop students will learn to commit fully to the moment they are in. Using a variety of improv techniques, students will learn what it means to COMMIT TO THE MOMENT!

MOVEMENT AND PHYSICALITY

Improv doesn't have to be verbal. Sometimes physical improv can pick up where words leave off. This advanced workshop will explore physical improv and how to use it in the CIG context.

SILENCE AND SINCERITY

Let's all just slow down and listen. How can we show sincerity in our scenes without talking? In this workshop students will explore using silence in scenes to build sincerity.

DYNAMIC CHARACTERS

Characters aren't just how they talk- they're also how they MOVE! This workshop will infuse some physicality into your unique improvised characters!

IMPROV TOOLBOX

What are some unconventional tools an improviser can use? What is a swarm edit? What about non-verbal sequences? This workshop will explore advanced improv tools.

FORUMS, SHOWCASES AND MORE

ALUMNI SHOWCASE

Alumni from across the country will highlight their skills in the CIG National Alumni Showcase. Audience members are encouraged to take notes and to apply some of what they've seen in this showcase throughout the week.

TOAST AND JAM

Your morning wake up call! Toast n Jam is a chance to play, warm-up, meet, and improvise with like-minded people from across the country. Toast n Jam is an hour of improv games hosted by our incredible staff. Forget coffee - Toast n Jam is the best way to start your day!

SHORT FORM DEMO

The short form demo is an opportunity for coaches, teachers, and students to see Short Form Improv in action. Senior trainers and national staff will perform various short form scenes with the participation of students. Coaches and teachers are encouraged to take notes as all of these scenes are applicable to the classroom and beyond.

LONG FORM DEMO

What does improv look like outside of four minutes? The answer is at the Longform Demo. This is a staff showcase event where improvisers from coast to coast will get on stage and showcase a longform set. Come see improvisers from a variety of improv troupes from across Canada play on stage.

WRAP PARTY

We've worked hard and played hard all week, time to shake it off and get down at our annual Closing Night Dance Party! Come dance & hang out with all your amazing new friends as we say goodbye to another wonderful year of Improv. There will be a quiet zone for students who want a more chill experience.



LES SUITES HOTEL

The Les Suites Hotel Ottawa is located at 130 Besserer Street, Ottawa, just steps from the historic ByWard Market and Parliament Hill. Each room is equipped with a full kitchen and sizable living room. As the official hotel partner of the National Festival, CIG offers a special rate with Les Suites hotel. Competing teams will have two of their rooms covered by the CIG. Some restrictions apply so contact us ASAP for more info – operations@improv.ca

One Bedroom Suite

\$209.00/night (1 – 4 occupancy)

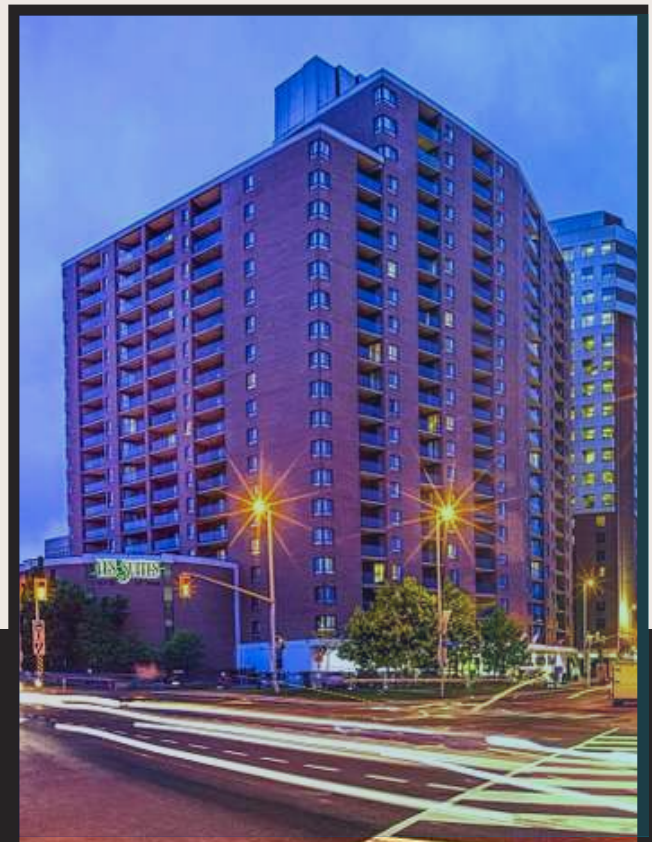
Two Bedroom Suite: Queen/Queen

\$309/night (1 – 6 occupancy)

Two Bedroom Family Suite:

Queen/Double/Double

\$329.00/night (1 – 6 occupancy)



Les Suites

130 Besserer St,
Ottawa, ON K1N 9M9





REGISTRATION

FESTIVAL TEAMS: Rooms at Les Suites can be booked through the hotel. Once you register, we will put you in contact with the hotel and you can book your rooms. In the event that your team becomes your regional winner, you will be reimbursed for your hotel room costs. For more information about the hotel please contact:
nicholas.litt@investhotels.com



Room types are determined by the hotel manager and CIG based on group size and needs. One bedroom rooms have a queen bed, a double pullout bed, a full kitchen and can accommodate 4 people. Larger rooms will be provided accommodating up to six students in situations where 6 students are required to stay in a room together. We will work with the hotel to book rooms that work the best for you and your crew!



COMPETING TEAMS: The Canadian Improv Games will provide teams up to 2 rooms from the night before your day of competition until the final day of the Tournament & Festival. Therefore, if you are competing on Wednesday night, CIG will pay for a room for you from Tuesday until Sunday. If you choose to arrive earlier than the night before your competition play you are more than welcome to, however, the cost of the hotel rooms for any additional nights will be the responsibility of the teams.



National Pricing Options

01



Day Pass

\$75/student

Two workshops, each two hours in length, with an experienced CIG trainer
One ticket to one evening show at the National Arts Centre

02



Two Day Pass

\$150/student

Four workshops, each two hours in length, with an experienced CIG trainer
Tickets to two shows at the National Arts Centre

03



Festival Pass

\$200/student

Six workshops, each two hours in length, with an experienced CIG trainer
Tickets to all National Tournament shows at the National Arts Centre



National Festival Teacher's Conference

01



What is the teachers conference?

The Teacher's Conference will be held from March 27-30th in Ottawa, ON, in conjunction with the National Festival. You can attend the Teacher's Conference with or without a student team. Last year, our Conference included tickets to nights of performance, improv demonstrations from our senior performers, and workshops on topics such as barriers in teaching improv and how to build an improv lesson plan.

02



Registration and pricing

The cost of the Teacher's Conference is \$75 for one day, \$150 for two days and \$200 for the full week! Competing teams may register one coach/teacher in the conference for free- any additional participants must register and pay separately.

03



Hotel and accomodations

The Conference will be hosted in Les Suites, Ottawa. Accommodations are arranged through the hotel manager Steven Carnaffan. With the Canadian Improv Games rate, an individual room costs \$209/night.

CONTACT US

Connect with us! If you have any questions or are ready to book your spot at the National Festival, give us an email at the address below:



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